

Early diagnosis and treatment of infant eye conditions enables the best chance of vision development.

Knowing your family history of childhood eye or vision conditions is also beneficial.

If you are worried about your child's eyes or vision, visit your local doctor, health nurse, or optometrist.

Some eye problems are more serious than others, but will look the same. A professional who is used to examining infants can detect serious eye problems and can check their vision even before they learn how to talk.

What you notice and getting advice early can be very important for your child.



WHO TO CONTACT

GP/Paediatrician

Contact your local GP/Paediatrician

Child and Family Health Service

www.cafhs.sa.gov.au

Optometrist

www.goodvisionforlife.com.au

Paediatric Ophthalmologist

Referral via the above health professionals

CONTACT US

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A GUIDE FOR PARENTS

OPEN YOUR EYES... TO YOUR CHILD'S VISION



**SIGHT
FOR ALL**
TEACHING
THE WORLD
TO SEE

...THE WARNING SIGNS OF INFANT EYE AND VISION PROBLEMS

Any asymmetry of the eyes or eyelids. Eye turns can occur either inwards or outwards and may only happen occasionally.



The appearance of a white pupil or cloudy eye. Extreme light sensitivity.



Excessive watery eyes or tearing. Red or crusty eyelids.



...THE STAGES OF VISUAL DEVELOPMENT

Babies do not have fully developed vision when they are born. Their vision will continue to develop from birth up to approximately 7 years of age.

Every baby is unique and some children may reach milestones at different ages.

Birth to 4 months

- Blurry vision at birth
- Can only see in black and white
- May sometimes look cross-eyed
- Can watch parent's face and copy smile
- At 3 months, babies can track moving objects with their eyes

5 to 8 months

- Eye movement control continues to improve
- The eyes should no longer show signs of occasional crossing
- Colour vision has fully developed

9 to 12 months

- Babies eyes have turned their final colour
- Can follow fast moving objects with their eyes

1 to 2 years

- Children are very interested in exploring their environment
- Can recognise familiar pictures and objects
- Able to focus on objects near and far